

6???	1-3ML/?	?????????
6-12??	3-8ML/?	?????????
1-2?	5-10ML/?	?????????
2-3?	5-15ML/?	?????????

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??5ML???

??????????????????A?D????????????????????

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2????? ████

1??—3??-6??????????67%??,????????????????????????????,?????????????-

????????? ????DHA&ARA?????????????1:6????????????????????DHA?ARA??

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??—3??????????EPA??

2???????????

????????????????????A??A????????????????????

3???????????????

????????A?D????????????????????????????

4????????????????????

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5???????

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6????????????

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7????????????????

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3????? 

1.??100????????????630????????????3-4????????????????????????

????? 2.?? 3.????????????????????????????

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4.??

5.??;??

6.??

7.????????????????????????????????????dha??

8.????????????????????????????????????-3??

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????”????“????????”????????????????

