

2.4 external exposure index

226-232-40

$$I_r = \frac{C_{Ra}}{370} + \frac{C_{Th}}{260} + \frac{C_{K}}{4200}$$

I_r —

$$C_{Ra} + C_{Th} + C_{K} \text{ — } 226-232-40 \text{ Bq} \cdot \text{kg}^{-1}$$

$$\frac{370 + 260 + 4200}{\text{Bq} \cdot \text{kg}^{-1}}$$